



Mental health and psychosocial support in times of crisis

CONFERENCE

 June 1–2, 2023

 Tallink Spa & Conference Hotel
Tallinn, Estonia

Agenda

DAY 1

Thursday, June 1

Moderator: Kadi Jaanisoo-Kuld

09:00-09:30	Arrival and coffee
09:30-10:00	Opening of the conference • Sirje Karis, <i>First Lady of the Republic of Estonia</i> • Riina Sikkut, <i>Minister of Health</i>
10:00-10:30	„Keep calm and carry on: Estonia’s role in a changing world“ Jonatan Vseviov, Secretary General of the Ministry of Foreign Affairs The world around us has changed dramatically – after 77 years of relative peace and prosperity, a full-scale war is back in Europe. How this war unfolds and how it ends will determine the future of Europe, of Estonia and the future of the rules-based world as we know it. How do we make sure this war ends on our terms and how do we keep a level head?
10:30-11:00	“Mental health and psychosocial support in emergencies, international guidelines, common pitfalls, and practical tips” Dr. Fahmy Hanna, WHO Technical Officer, Department of Mental Health and Substance Use The presentation will give an overview of the mental health and psychosocial support (MHPSS) framework on how to respond appropriately during humanitarian emergencies and what are the minimum activities for the MHPSS response across sectors.
11:00-11:25	Break

11:25-11:45	„MHPSS in perspective: Lessons learned over time“ Dr. Nancy Baron, <i>Director of the Psychosocial Services and Training Institute in Cairo (PSTIC)</i> We will review the past 30 years and the lessons that have been learned globally that guide us today to greater understanding and effective mental health and psychosocial interventions.
11:45-12:10	“Psychosocial wellbeing is everyone’s business: Multisectoral engagement in MHPSS in emergencies and displacement” Guglielmo Schinina, <i>IOM, Head of the Division of Mental Health, Psychosocial Response and Intercultural Communication</i> The presentation, drawing from IOM experiences in several responses, will look at how different sectors, including law enforcement, health, education, religion can contribute to foster psychosocial wellbeing and make sure people receive appropriate mental health care in emergency situations or when dealing with large movements of people.
12:10-13:00	“Speaking from the heart: Taking stock on implementing MHPSS in refugee-receiving countries” Moderated by Melita Murko, <i>Technical Officer, WHO Regional Office for Europe</i> Speakers: • Signe Riisalo, <i>Minister of Social Protection</i> • Murat Apaydin, <i>MHPSS Consultant, WHO Regional Office for Europe</i> • Sofia Casas, <i>MHPSS Officer, UNHCR Regional Bureau for Europe</i> • Natalie Shevchenko, <i>clinical psychologist, Ukrainian refugee living and working in Estonia</i> This panel discussion focuses on different experiences of implementing MHPSS in refugee-receiving countries with a personal insight into the theme.
13:00-13:45	Lunch
13:45-15:45	Mastering Session by Dr. Fahmy Hanna , <i>WHO Technical Officer, Department of Mental Health and Substance Use</i>
15:45-16:00	Break
16:00-17:00	Reflection and summary of the first day of the conference

DAY 2 Friday, June 2

09:00-09:30	Arrival and coffee	
09:30-11:00	Workshop 1: "HOW TO activate a community-based MHPSS team in an urban context: From selection, to training, to practical skills" Dr. Nancy Baron, Director of the Psychosocial Services and Training Institute in Cairo (PSTIC) This workshop will be a practical "HOW TO". We will review the range of steps to take to activate a community-based MHPSS team in an urban context ranging from how to choose a team - the training curriculum - methods of supervision - self-care and organizational support - and maintaining motivation and positive worker attitudes.	Workshop 2: "Communities and MHPSS: What is the role of informal and formal groups and local institutions in providing in emergencies and displacement" Guglielmo Schinina, IOM, Head of the Division of Mental Health, Psychosocial Response and Intercultural Communication This workshop, using interactive methods, videos, and examples and referring to the IOM Manual on Community-based MHPSS in Emergencies will describe the process to engage problem-based, activity-based, interest-based, traditional and structured groups and local institutions and services in the provision of MHPSS during an emergency or in situations of mass displacement.
11:00-11:30	Break	
11:30-13:00	Workshop continues	
13:00-13:30	Reflection and summary of the conference	
13:30-14:30	Lunch	

* The organizer reserves the right to change the agenda of the conference. The conference is organized by the Department of Mental Health of the Ministry of Social Affairs in cooperation with UN organizations.

** Estonian-English and English-Estonian simultaneous interpretation is available at the conference.



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