



WOMEN'S HELP LINE – LIVING FOR SHARING

Association "Kaunas Women's Line", Lithuania
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26/11/2015

- Women's Help Line activities were started at 2004 in Lithuania.
- Women's Help Line services are free for women in Lithuania. Services consist of emotional support by phone and by e-mail.
- Services are provided by volunteers who become as volunteers after 100 hours of theoretical and practical trainings.
- Emotional support is provided every day from 10 a.m. to 9 p.m.
- Emotional support is provided by 60 active volunteers.

- Women's Help Line principle - Woman to Woman.
The principle allows for a deeper understanding of gender-related problems: domestic violence, sexual abuse, discrimination, divorce, relationship problems, bereavement and etc.
- Women's Help Line volunteers answer to 8000 – 9000 calls and reply to 400 e-letters per year.

- Republic of Lithuania Law on Protection against Domestic Violence
- The law came into force at the end of 2011
- One third of all Line's calls and e-letters are related with domestic violence.

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Project aim - to develop Women's Help Line administrative capacities, diversification of funding sources, and developed network of volunteers.

Project objectives:

- Develop and ensure Women's Help Line activities, by promoting voluntarism, motivating volunteers to engage in its development activities.
- Develop NGO administrative capacities, financial autonomy, by developing fundraising strategies, creating action plans for diversification of funding sources.
- Ensure the quality of emotional support for women who are in crisis.

Project outcomes:

- Flash mob was organized in order to strengthen voluntarism.
- The new group of 9 volunteers finished trainings. It was favourable condition to prolong line's working hours.
- The group of 30 volunteers participated in qualification improvement seminar.
- Expectation – to join the Specialized Assistance Centres and provide assistance at night.

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Gyvenu, kad galėčiau dalintis

The illustration shows two profiles in red line art. The profile on the right has a mobile phone in its ear. Between the two profiles is a ball of yarn, which is filled with various words in different languages. The words include 'la mandarin?', 'aš dėl viso kato', 'man labai', 'mã mane', 'izmus', 'La sala bad mane', 'mokau gventi', 'teoriniu gventi', 'pabandus teigiam', 'la more patla', and 'la more patla'. The background is a light gray.

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