Põhjamaade kogemus tervist ja heaolu lõimivate kaugteenustega

Heaolumeister
Tarvi Kivipõld
Tervishoiuteenistus
Tartu Linnavalitsus

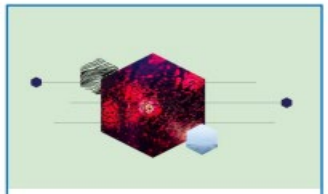
TARTU

17.12.2024.

- https://nordicwelfare.org/wp-content/uploads/2020/01/NWC-VOPD-EN-webb.pdf
- Kaardistatud kõik põhjamaade *distance spanning solutions*
- Olemasolevad teenused, mitte piloodid ja projektid.

Roadmap for Service Innovation

Roadmap for Service Innovation is a structured tool containing specific action plans and templates as support. This translation is aimed at you who want to create welfare technology services for citizens regionally or locally.

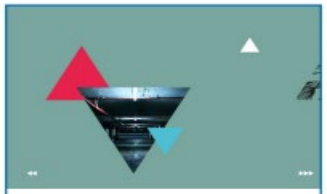


Phase 1 – Anchoring

The purpose of this phase is to define the challenges facing the local authority and to ensure that everyone in the organisation has a common understanding both of the organisation's problems and of its objectives.

Phase 2 – Insight

Good services are based on a good insight into actual needs. Before choosing a solution, carry out comprehensive work in order to discover actual needs and the causes of the problems. This reduces the risk of creating incorrect solutions.



Phase 3 – Service development

In this phase, the insight is converted into ideas, which in turn are further developed to create services that are ready to be piloted. It is important to involve both users and employees along the way to secure establishment and accurate solutions.

Phase 4 – Piloting

Piloting means testing the action or service on a limited scale over time, in order to ensure that everything is working properly. The aim is to detect errors and shortcomings, to identify unforeseen problems and thus reduce the risk.

Phase 5 – Transition to operations

In this phase, it is important to ensure that the new service is well integrated in the operation. This involves planning and carrying out the implementation process and any acquisitions.

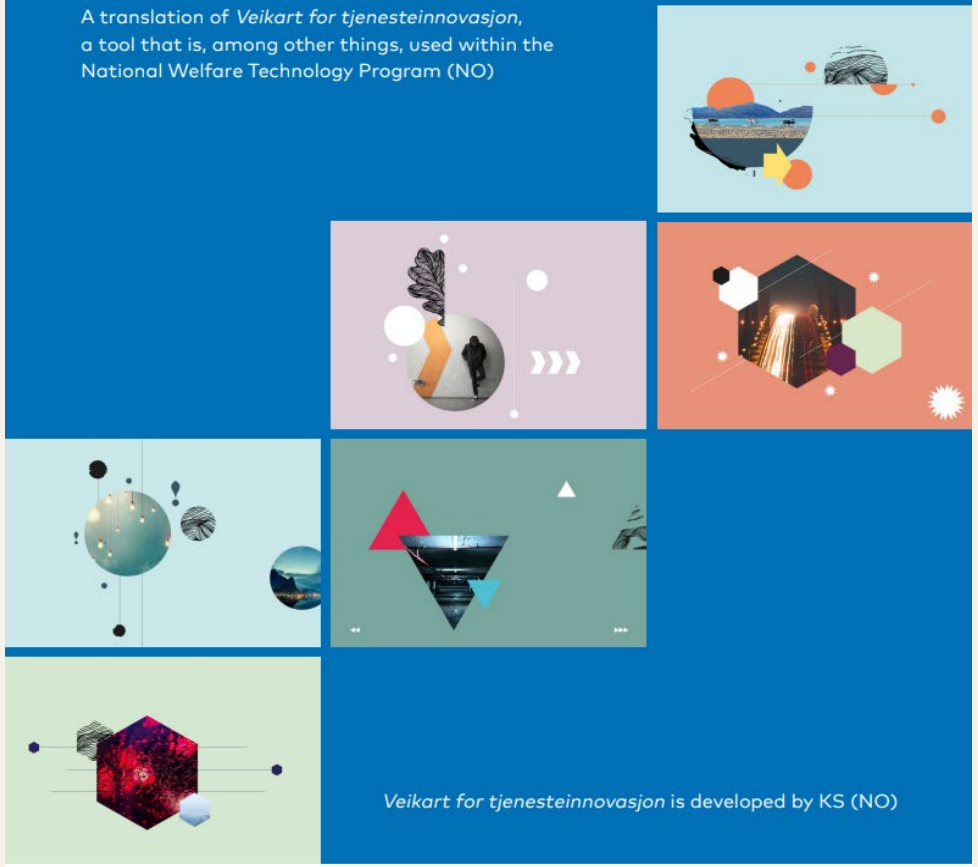
Phase 6 – New practices

In new practices, it is important to ensure that you achieve the desired benefits for users, relatives and the local and/or regional authority. The realisation of gains often takes a long time and requires continual measures and following-up. Visible progress drives motivation.

Allikas: roadmap-for-service-innovation2.pdf

Roadmap for Service Innovation

A translation of *Veikart for tjenesteinnovasjon*, a tool that is, among other things, used within the National Welfare Technology Program (NO)

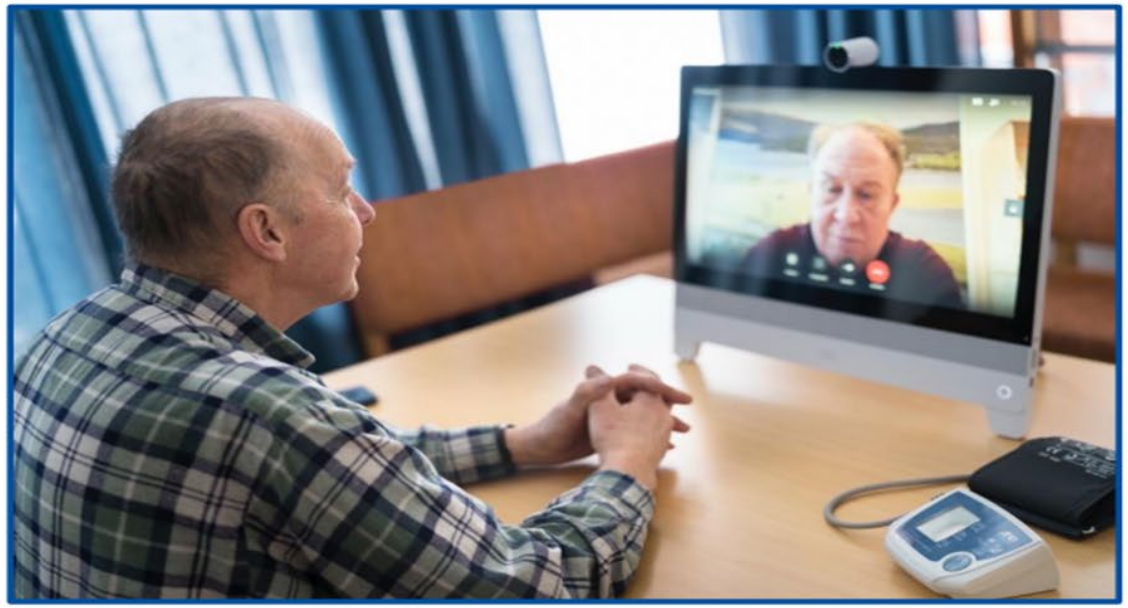


Veikart for tjenesteinnovasjon is developed by KS (NO)

THE GLOBAL GOALS
Nordic Council of Ministers
Government Offices of Sweden
Ministry of Health and Social Affairs
region västerbotten

2. Long distances

Person-Centered Care (PCC) can be provided by means of video meetings but needs a digital extension: ePCC.



Ek, Liljegren, Edin-Liljegren
Patients With Cardiovascular Disease Revisiting Specialist Physicians via Remote Treatment: Interview Study of Experiences
JMIR Human Factors 2023;10:e43125

region västerbotten

Allikas: https://integratedhealthandcare.com/wp -content/uploads/2024/11/Research-Centre-for-Rural-MedicineHealth-2024-11-06.pdf

Füsioteraapiline võimlemine piiratud liikumisvõimega inimestele video teel Soomes

Jenni's Home Exercise

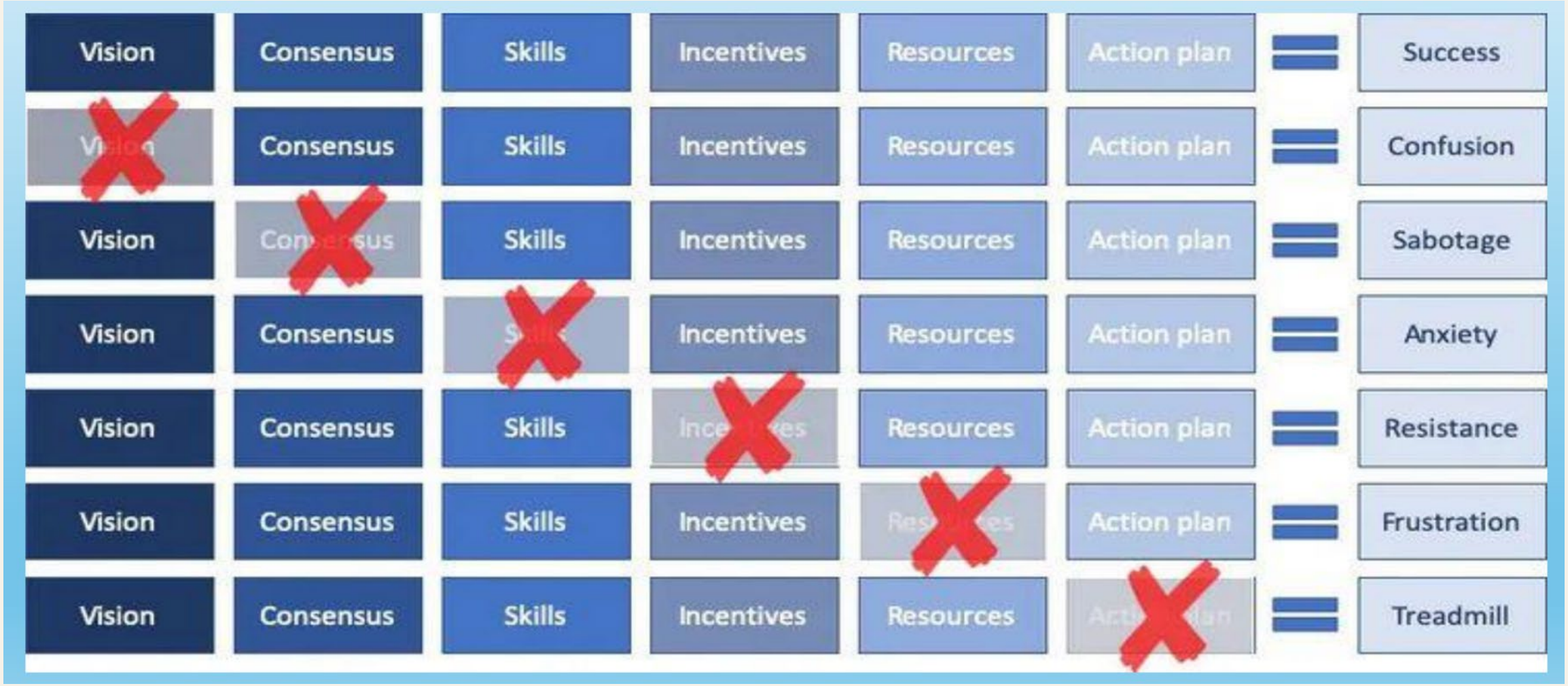
Allikas: https://integratedhealthandcare.com/wp-content/uploads/2024/11/Session-2_4-South-Karelia-IHAC_South-Karelia.pdf

Päijät-Häme maakonna (Soome) eesmärgid järgmiseks, 2025 aastaks:

- ✓ The policy aims to enable older people to continue living at home for as long as possible, even until the end of their lives
  - ✓ The goal for 2025: 94,5% of people over 75 years old are living at home
- ✓ At old age living at home requires e.g that housing solutions and living enviroments are age-friendly, accessible and safe
- ✓ New kinds of solutions combining living and care are available
- ✓ Healthcare and care through distance spanning solutions

Allikas:https://integratedhealthandcare.com/wp-content/uploads/2024/11/Session-2_1-Model-area-introduction_Paijat-Hame.pdf

Lippitti -Knosteri mudeli rakendatavus Põhjamaade juhtide kogemustele.



Allikas: https://integratedhealthandcare.com/wp-content/uploads/2024/11/Session-4-Governance_Policy-brief_iHAC-Storuman.pdf

Allikad

- NWC-VOPD-EN-webb.pdf
- https://www.healthcareatdistance.com/media/1178/roadmap -for-service-innovation2.pdf
- Final Conference – Integrated health and care